

# FCS Institute '26

*Elevate, Educate, Empower: Advancing FCS for Impact*

**March 11-13, 2026**

**N.C. A&T Farm Pavilion, 3020 McConnell Road, Greensboro, N.C.**

## WEDNESDAY

**9 a.m. | Registration**

**10 a.m. | Opening and Keynote**

**11:15 a.m. | Lunch and Working Session**

**1 p.m. | Breakout Session One**

- ▶ Developing and Using Advisory Councils for Adaptive Cultures  
*Dr. Katherine McKee*
- ▶ Safe Plates Food Safety Basics  
*Ellen Shumaker and team*
- ▶ Faithful Families and Healthy at Home  
*Dr. Annie Hardison-Moody and team*
  - ▶ Cooking with Local Foods  
*Catherine Hill and team*

## THURSDAY

**8 a.m. | Breakout Session Two "A"**

- ▶ Parenting with Purpose in Mind: Teen's Career Development, Part 1  
*Dr. Jamie Alexander*
  - ▶ Food Demonstration Training  
*Isha Fofanah and Shewana McSwain*
  - ▶ Food Systems and Food Access  
*Dr. Dara Bloom and Morgan Marshall*

**10:15 a.m. | Breakout Session Two "B"**

- ▶ Extension Master Food Volunteers Program Management  
*Dr. Dara Bloom and team*
  - ▶ Dietary Guidelines for Real-World Conversations  
*Dr. Katryn Eske and team*

**12:30 p.m. | Poster Session and Networking**  
*lunch provided*

## THURSDAY (cont.)

**1:45 p.m. | Breakout Session Three "A"**

- ▶ More In My Basket  
*Dr. Carolyn Bird and team*
- ▶ Ripe for Revival Mobile Produce Market Support  
*Dr. Basheera Enahora and Kennae Rawlings*
- ▶ Parenting with Purpose in Mind: Teen's Career Development, Part 2  
*Dr. Jamie Alexander*
- ▶ Eight Dimensions of Wellness  
*Shewana McSwain and team*
- ▶ EMFV Cooking Skills and Planning  
*Dr. Dara Bloom and team*

**4 p.m. | Breakout Session Three "B"**

- ▶ EMFV Cooking Skills and Planning (cont.)  
*Dr. Dara Bloom and team*
- ▶ Eight Dimensions of Wellness (cont.)  
*Shewana McSwain and team*
- ▶ Garden Tour  
*Morgan Malone*

## FRIDAY

**8:30 a.m. | Breakout Session Four**

- ▶ Slashing Debt with PowerPay  
*Patrice Dollar*
- ▶ Physical Activity and Walkability  
*Dr. Annie Hardison-Moody and team*
- ▶ Parenting and Play  
*Dr. Monique Pearce-Brady*

**10:45 a.m. | Updates, Closing Keynote, and Charge**

**Noon | Adjourn**

▶ EFNEP approved ▶ EMFV track only ▶ EMFV track, open  
▶ CDC HOP track only ▶ CDC HOP track, open